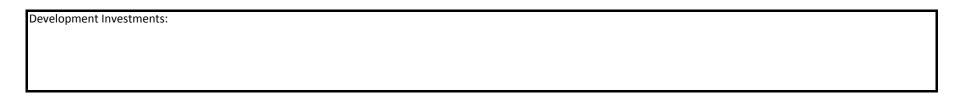
A Sensibly Selfish Charter

Each day I will:	Each week I will:	Each month I will:	Each year I will:

Friendship rituals:	Couple rituals:	Fitness rituals:	Maintenance rituals:



3.2



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